

FOREST TAVERN

FOOD SERVED FROM NOON UNTIL 9PM

SMALL PLATES, 3 for 21

Hummus, cucumber, red pepper & pomegranate salsa, flatbread (pb) (589 Kcal) **7**

Lamb kofta, tzatziki, spiced tomato chutney, pickled red onion, cherry tomato, salad (363 Kcal) **8**

Crispy squid, gochujang mayo, spring onion (445 Kcal) **9.5**

Halloumi fries, hot honey drizzle, pomegranate seeds, spring onion (v) (633 Kcal) **9**

Garlic & chilli prawns, lime & parsley butter (387 Kcal) **9.5**

Crispy chicken bites, Korean chilli sauce, sesame seeds, spring onion (672 Kcal) **9.5**

Chorizo croquette, paprika mayo (520 Kcal) **8**

Padron peppers, Maldon sea salt, lemon (pb, gif) (186 Kcal) **7**

Tempura cauliflower, sticky orange tamari sauce, pumpkin seeds (pb, gif) (318 Kcal) **8**

SHARERS

Sharing nachos, cheddar cheese, thick and chunky salsa, guacamole, sour cream, jalapeno (v, gif) (1692 Kcal) **15**

Mezze plate, hummus, aubergine dip, tzatziki, crudites, olives, flatbread (v) (618 kcal) **17**

SIDES

Skinny fries (pb, gif) (736 Kcal) **4.5**

Fat chips (pb, gif) (294 Kcal) **4.5**

Dozen onion rings (v) (357 Kcal) **4**

Side salad, lemon dressing (pb, gif) (249 Kcal) **5.5**

MAINS

Fish & chips, crushed peas, tartare sauce (gif) (1050 Kcal) **16.5**

Cumberland sausages, mashed potato, kale, caramelised onion gravy, crispy shallots (989 kcal) **15**

Veggie sausage, mashed potato, buttered greens, gravy (pb) (597 Kcal) **14**

Butternut squash risotto, crispy sage, toasted pine nuts (v, gif) (580 Kcal) **14.5**

Pan fried gnocchi, wild mushroom velouté, pan fried mushrooms, crispy kale (pb) (597 Kcal) **15**

Steak & ale pie, mash, spring greens, gravy (1000 Kcal) **17.5**

Maple cured gammon steak, fat chips, fried egg, watercress (gif) (770 Kcal) **16**

Steak & Wine - flat iron steak, skinny fries & garlic butter - with a 175ml glass of Cotes du Rhone or Picpoul de Pinet (989 Kcal) **17.5**

Double smashed cheeseburger, double pattie, burger mayo, gherkins, fries (1156 Kcal) **15.5**

Buttermilk chicken burger, burger mayo, gherkins, pickled red onion, sriracha mayo, fries and slaw (1070 Kcal) **16**

Sweet potato & bean burger, Chipotle & lime mayo, applewood cheese, lettuce, slaw & fries (pb) (1102 Kcal) **14**

DESSERT

Sticky toffee Pudding, salted caramel sauce, ice cream (v) (879 Kcal) **7**

Vegan brownie, chocolate sauce & ice cream (pb, gif) (319 Kcal) **7.5**

Three scoops ice cream please ask our team for today's flavours (433 Kcal) **6**

LUNCH & A PINT £10 • Mon-Fri, 12-4pm

Lunch dish PLUS your choice of Notting Hells, Pavement Press cider, Pepsi or lemonade

Quarterpounder with cheese, pickles & burger sauce, fries (925 kcal)

Crispy chicken wrap, Lettuce, sriracha mayo, fries (1032 Kcal)

Fish finger sandwich, Tartare sauce, lettuce, white sliced bread, fries (999 Kcal)

Grilled cheese sandwich cheddar, mozzarella, fries (v) (832 Kcal)

Before you order your food and drink, please inform a member of staff if you have a food allergy or intolerance. A voluntary 12.5% service charge will be added to your bill today, all of which goes directly to the team. Please ask your server to remove this if you would rather it were not added. Due to shared fryers being used in our kitchen some fried items may contain gluten, dairy, crustaceans or fish. Please speak to a member of our team.

Key for Symbols: Vegetarian (v), Plant based (pb), gluten ingredient free (gif)