

DAILY MENU

MONDAY – SATURDAY 12PM – 9:30PM

SMALL PLATES 3 FOR £18

Rustic Breads and Olives , sundried tomato & garlic butter (v) 619kcal	5.50
Homemade Sausage Roll , mustard 427.19kcal	4.50
Pea, Broadbean & Chickpea Hummus , crudités & bread (vg) 371kcal	6.50
Halloumi Fries , honey, yoghurt & pomegranate (gf) (v) 757kcal	8.50
Tomato and Buffalo Mozzarella Bruschetta , basil pesto (v) 443kcal	7.00
Cajun Crispy Squid , garlic mayo, pickled red onion (gf) 756kcal	8.50
Smoked Haddock Fish Cakes , mustard tartar sauce 317kcal	7.00
Chicken Skewers , satay sauce, mixed vegetable salad 386kcal	7.00
Lentil and Mushroom Empanadas , avocado, lime and coriander sauce (vg) 602kcal	6.50

FOREST TAVERN CLASSICS

Classic Cheese & Bacon Burger , burger sauce, pickle, lettuce, fries 986kcal	14.50
Sweet Chilli & Lime Chicken Burger , guacamole, pickled onion, fries 853kcal	14.50
Moving Mountains Burger , vegan cheese, lettuce, tomato, fries (vg) 1002kcal	14.50
Beer Battered Cod & hand cut chips , Tartar sauce & Mushy peas (gf) 913kcal	15.00
Buttermilk Chicken Caesar Salad , anchovies, croutons, parmesan crisp, caesar dressing 792kcal	13.50

MAINS

Pea Puree Risotto , broadbeans, chargrilled asparagus, radish, vegan feta (vg)(gf) 559kcal	13.00
Pan Fried Seabass , roast vegetable pasta salad, lemon-parsley dressing 381kcal	14.50
Lamb Barnsley Chop , mint crushed potatoes, asparagus, salsa verde (gf) 632kcal	16.50
10oz Ribeye Steak , hand-cut chips, broccoli, peppercorn sauce (gf) 885kcal	21.50
Potato Gnocchi , wild mushroom, spinach (vg) 322kcal	13.00

SHARERS

Baked Camembert , red onion marmalade, rustic bread (v)(for 2 829kcal)	14.50
Cheesy nachos , jalapenos, soured cream, tomato salsa, guacamole (v) (gf)(for 2 1242kcal)	13.50
Vegan Mezze Board , flatbread, crudites, olives, chargrilled artichokes, empanadas, pea & broad bean hummus (vg)(for 2 1215kcal)	15.00

LUNCH PLATES SERVED UNTIL 3PM

Fish Finger Sandwich , iceberg lettuce, tartar sauce 989kcal	8.50
Buttermilk Chicken Wrap , lettuce, mayo, tomato, onion, cucumber 685kcal	8.50
Vegan Wrap , hummus, avocado, lettuce, tomato, onion, mushroom 611kcal	8.50

PLEASE NOTE A DISCRETIONARY 10% SERVICE CHARGE WILL BE ADDED TO TABLES OF 6 PEOPLE AND OVER.

Please inform your server of any allergies before placing your order. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens. Detailed information on the fourteen allergens are available on request.

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